

## COMPREHENSIVE CARE RITUALS

### **PROSECCO QUEEN**

Champagne Ritual available year-round.

Do you love the scent of prosecco? This fragrance will accompany you throughout the entire treatment. A wonderful, relaxing bath with a glass of bubbles will bring you into a state of deep relaxation. Your body will be enveloped by a full-body massage with a moisturizing-nourishing lotion with golden dust. This unforgettable time will conclude with an incredibly relaxing facial massage with a mask suited to your skin, while we perform a hand and head massage.

140 min. 630 zł

### **LADY YONELLE**

An extraordinary combination of body peeling, massage, and facial care.

Would you like to experience the relaxation of a massage, smooth skin, and also hydrate and nourish your complexion? Choose Lady Yonelle. The honey, beeswax, and almond-based full-body peeling massage improves circulation, smooths, and deeply nourishes the skin. Additionally, based on a skin diagnosis, we provide complete facial, neck, and décolletage care with the application of a royal lift.

120 min. 600 zł

### **APEROL O'COLCK body and face**

Luxury Treatment with an Orange Fragrance

Immerse yourself in the warmth of oranges and forget about the worries of everyday life. This ritual is the perfect choice for those who love a fresh scent, gentle warmth, and a deeply relaxing massage. A warming bath with a tasting experience begins your journey into bliss. Then, we perform a full-body peel with warm, fragrant oranges that envelop your senses. To complete this state of pure relaxation, we indulge the receptors on your face and body with a soothing and calming massage, performed using exceptionally nourishing oils.

140 min. 480 zł

### **KARKONOSZE RITUAL**

Our regional treasures for your skin.

You are in the Karkonosze Mountains, a region rich in natural treasures.

Once renowned for herbal medicine, today Prestige Spa offers the wonderful benefits of herbs in a treatment specially designed for your skin. Experience a natural herbal body scrub and the incredibly soothing power of lavender during a full-body massage with a warm, nourishing candle, extended with an additional neck and head massage.

90 min. 410 zł

## MEN'S CORNER

### LEGALNY ODLOT

CBD is unlocking the wellness kingdom worldwide. If your body needs relaxation and your mind seeks calmness, "Legal High" is the perfect choice. The therapy begins with a massage using hemp oils, focusing on areas where tension tends to accumulate. The next step is an alternating full-body massage with hot stones and bamboo. To finish, we perform a lifting facial and décolletage massage using an anti-aging, soothing, and CBD-rich treatment. An additional advantage of this ritual is ear candling – aimed at cleansing the ear canal and regulating intracranial and sinus pressure.

After the treatment, you will receive a pre-rolled hemp joint to continue your home therapy – calming the mind, reducing stress, and aiding sleep.

110 min. 570 zł

### BEERLAND

This treatment is rich in extracts from the healthiest beer ingredients, such as hops, malt, and yeast. These are packed with B vitamins, iron, phosphorus, calcium, magnesium, and potassium. They have rejuvenating properties, smooth wrinkles, and offer antibacterial and moisturizing benefits. Experience a beer bath with tasting, combined with the power of a hop scrub. This typically masculine world is completed with a relaxing classic massage using aromatic, warm, and nourishing oils.

110 min. 460 zł

### TEQUILA MASSAGE

A dynamic massage with an intense scrub that provides warmth, relaxation, and therapeutic benefits. Tequila, used in this treatment, helps relieve muscle tension and stimulates lymphatic nodes. This traditional Mexican method is ideal for mountain conditions. To enhance the warming effect, the treatment includes a tequila tasting.

75 min. 390 zł

### MEN ESTHETIC (MedEstelle cosmetics)

A biological renewal treatment for tired facial skin and eyes. Perfect for skin showing signs of dryness, dullness, and exposure to computer radiation. It has an anti-stress effect, stimulates metabolism, and soothes the eyelids.

110 min. 420 zł

## CEREMONIES FOR TWO

### ROMANTIC CEREMONY

A ceremony designed to release tension in both the body and face. The massage is performed using an exceptionally nourishing candle made from completely natural ingredients. The body remains enveloped in carefully selected components that provide deep nourishment and protection. During the treatment, special attention is also given to the face, bringing relaxation and soothing effects through a gentle massage. The entire experience is accompanied by a pleasant, light aroma of essential oils.

for 2 person    75 min.    780 zł

### KARKONOSZE CEREMONY

Experience deep relaxation and full-body relief. A natural herbal scrub, made from freshly ground local herbs, mineral salts, and nourishing oils, creates a sensation of lightness and renewal. The prepared skin is then enveloped in warm oil as a uniquely relaxing signature massage is performed.

Choose your preferred scent: **JASMINE & PATCHOULI** or **SAGE & LAVENDER**.

At the end of the ceremony, each couple receives a gift to continue their aromatherapy experience at home.

for 2 person    90 min.    710 zł

### ORANGE CEREMONY

For those who love fruity scents, especially the invigorating aroma of oranges. Their freshness, combined with an orange-scented scrub, stimulates the senses and boosts happy hormones. The highlight of this ceremony is a massage with warm, delightfully fragrant orange oil.

for 2 person    80 min.    670 zł

### HEALING CEREMONY

A uniquely relaxing signature massage that combines manual techniques with the warmth of volcanic stones. The entire treatment is performed using pleasantly warm and aromatic oil. The second stage of the ritual includes ear candling, which helps cleanse the inner ear and regulate intracranial pressure and sinuses.

for 2 person    75 min.    610 zł